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PREFER PRODUCTS BRANDS

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Canned Sardines in Soybean Oil with Smoked Flavor

NUTRITION INFORMATION

Serving per Container About 1

Serving Size 82g

Amount Per Serving

Calories 170 Calories from fat 80

% Daily Value

Total Fat 8g **13%**

Saturated Fat 2g **11%**

Trans Fat 0g

Cholesterol 80mg **26%**

Sodium 380mg **16%**

Total Carbohydrate <1g **0%**

Dietary Fiber 0g **0%**

Sugar 0g

Protein 21g

Vitamin A 0% ● Vitamin C 0%

Calcium 30% ● Iron 10%

* Percentage Daily Intakes are based on an average adult diet of 2000 kcal. Your daily intakes may be higher or lower depending on your energy need.

** Ref.: Lot ID 112547-1 and calculation